



## Bonus Monographs




### Flavoxate hydrochloride

(flay-**VOX**-ayt)

**PREGNANCY CATEGORY: B**

**CLASSIFICATION(S):**

Urinary tract drug

**Rx:** Urispas

**ACTION/KINETICS**

Relieves muscle spasms of the urinary tract by relaxing the detrusor muscle by cholinergic blockade and also by a direct effect. Also has local anesthetic and analgesic effects. Well absorbed from GI tract; 10%–30% is excreted in urine.

**USES**

Symptomatic relief of urinary tract dysuria, urgency, frequency, nocturia, suprapubic pain, and incontinence associated with cystitis, prostatitis, urethritis, urethrocystitis, and urethrotrigonitis. Compatible for use with urinary tract germicides.

**CONTRAINDICATIONS**

Obstructive disorders of urinary tract, including pyloric or duodenal obstructions, obstructive intestinal lesions, ileus, achalasia, obstructive uropathies of the lower urinary tract, and GI hemorrhage.

**SPECIAL CONCERNS**

Use with caution in glaucoma and during lactation. Confusion is more likely to occur in geriatric clients. Safety and effectiveness have not been determined in children less than 12 years of age.

**SIDE EFFECTS**

**GI:** N&V, xerostomia. **CNS:** Drowsiness, headache, vertigo, nervousness, mental confusion (especially in the elderly). **CV:** Tachycardia, palpitations. **Hematologic:** Eosinophilia, leukopenia. **Ophthalmologic:** Blurred vision, increased ocular tension, accommodation disturbances. **Other:** Urticaria and other dermatoses, fever, dysuria.

**HOW SUPPLIED**

Tablet: 100 mg

**DOSAGE**

• **TABLETS**

**Adults and children over 12 years:** 100 or 200 mg t.i.d.–q.i.d. Reduce dose when symptoms improve.

**NURSING CONSIDERATIONS**

SEE ALSO *NURSING CONSIDERATIONS FOR CHOLINERGIC BLOCKING AGENTS.*

**CLIENT/FAMILY TEACHING**

1. May take with or without food.
2. Do not drive a car or operate hazardous machinery; may cause drowsiness and blurred vision.
3. Practice good oral hygiene. Relieve dryness of mouth with ice chips or hard candy. Ensure adequate hydration.
4. Avoid strenuous exercise; body's heat-regulating mechanism may be altered and sweating inhibited.
5. Report improvement of symptoms as well as any persistent, bothersome, or new symptoms.

**OUTCOMES/EVALUATE**

- Relief of urinary tract discomfort
- Normal elimination patterns